



# YOUTH & Family

## 2019 FALL INSTRUCTIONAL CLASSES



### Paper Quilling

Quilling: Beautiful works of art are created by rolling, looping, curling, and twisting small strips of paper. Popular since the Renaissance, Quilling starts with rolling a strip of paper into a coil and then pinching the coil into shapes that can be glued together to form abstract art, flowers or portraits. Paper, cards and boxes can also be adorned. What will your imagination create?

**Location:** Dare Gym Classroom  
**Instructor:** Holly Horton

Activity #	Ages	Day	Time	Date	Fee	NR Fee
211020-B2	6-12	Tu	7-8 pm	10/15-11/26	\$50	\$75



### Paper Mache



A fun and messy way to build beautiful crafts. We will create a variety of fun animals from just paper and glue. Finished projects will include a piñata, a bank, pencil holders, and a mask.

**Location:** Dare Gym Classroom  
**Instructor:** Holly Horton

Activity #	Ages	Day	Time	Date	Fee	NR Fee
211020-B1	6-12	Tu	6-7 pm	10/15-12/3	\$50	\$75

**Kids Art 7 weeks**

**Adult Art 6 weeks • No Classes October 31st or November 28th**



### Botanicals

Utilizing fresh flower arrangements as our subject matter, we will capture their lush forms in pencil, watercolor, and pastels. We will study their shape, their form and utilize it in imaginative compositions, both abstract and realistic.

**Location:** Dare Gym Classroom  
**Instructor:** Holly Horton

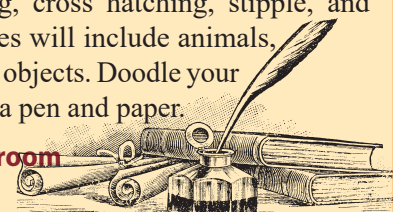
Activity #	Ages	Day	Time	Date	Fee	NR Fee
221010-D1	16-Adult	Th	6-7 pm	10/17-12/5	\$50	\$75

### Pen & Ink

Utilizing just simple black and white lines we will create beautiful images in hatching, cross hatching, stipple, and random lines. Finished images will include animals, flowers, people, and everyday objects. Doodle your way to beautiful art with just a pen and paper.

**Location:** Dare Gym Classroom  
**Instructor:** Holly Horton

Activity #	Ages	Day	Time	Date	Fee	NR Fee
221010-D2	16-Adult	Th	7-8 pm	10/17-12/5	\$50	\$75



## Action Arts Academy USA



Taekwondo is the Olympic high-kicking martial art that can help you reach new heights.

Taekwondo benefits can include improved: confidence (self-esteem, self-defense); conditioning (fitness, strength, health); and, concentration (focus, strong mind). Start having fun while earning your black belt today!

Activity Level	Day	Time	Frequency
Beginner/Intermediate	M/Th	6:30-7:15pm	2 classes/week
Intermediate/Advanced	M/Th Sa	7:15-8:00pm 11:30am-12:50pm	3 classes/week



Hapkido (aka "Combat Hapkido") is a modern and comprehensive martial art that is focused exclusively on practical self-defense tactics and techniques. A primary goal is to provide self-defense skills for avoiding and escaping the types of physical confrontations that can occur in today's society. This class is for teenagers and adults of all sizes, regardless of physical strength or athletic ability.

Activity Level	Day	Time	Frequency
ALL	M/Th Sa	7:15-8:00 pm 11:30am-12:50pm	3 classes/week

### MONTHLY RATES

Ages 6-Adult	Resident	Non-Res	Ages 6-Adult	Resident	Non-Res
Individual	\$55	\$80	3- Family members	\$115	\$190
2- Family members	\$90	\$140	4+ Family members	\$10 more ea.	\$varies

**Location:** Tabb Elementary Gym **Instructor:** Master Tricia Tinnon

**Registration at site or call 757-303-KIKN (5456). Visitors welcome to observe or try a week of class for FREE!**

