

**2018 – 2019
York County Youth
Commission Report to
Board of Supervisors
March 19, 2019**

January 9 Meeting

Mr. Dominique Green

Business Owner and Consultant



February 13 Meeting

Mr. Jeff Wassmer

York County Board of Supervisors, District 4



March 13 Meeting

Sodexo Administrative Staff

Food Services Contractor, York County Schools



Student Opinion Survey

March 14

Hey Tabb Tigers! Please take a minute to complete the 5 short questions below. The York County Board of Supervisors and School Officials are interested in your opinions! Results of this survey will be shared with them. This is sponsored by the York County Youth Commission (YCYC). **Thanks for your time and input!**

- 1. How often do you think e-cigarettes (Juul or other vapes) are used by youth in York County?** *(Please circle only one)*
 - a. Highly used
 - b. Somewhat used
 - c. Not used
 - d. Unsure
- 2. How common do you think mental health issues such as depression and anxiety are among youth living in York County?** *(Please circle only one)*
 - a. Very common
 - b. Fairly common
 - c. Not common
 - d. Unsure
- 3. To what extent do you feel safe in school?** *(Please circle only one)*
 - a. Very safe
 - b. Fairly safe
 - c. Not so safe
 - d. Very unsafe
- 4. What is your best estimate of the amount of hours of sleep that you get on a school night?** *(Please circle only one)*
 - a. less than 5 hours
 - b. 5-6 hours
 - c. 7-8 hours
 - d. more than 8 hours
- 5. What are the 2 biggest reasons why you don't get more sleep on school nights?** *(Please circle 2)*
 - a. Early school start time
 - b. Homework and studying
 - c. Extracurricular activities (sports, clubs)
 - d. Entertainment (TV, social media, gaming, etc.)
 - e. Health issues (stress, insomnia, illnesses)
 - f. I have a job outside of school

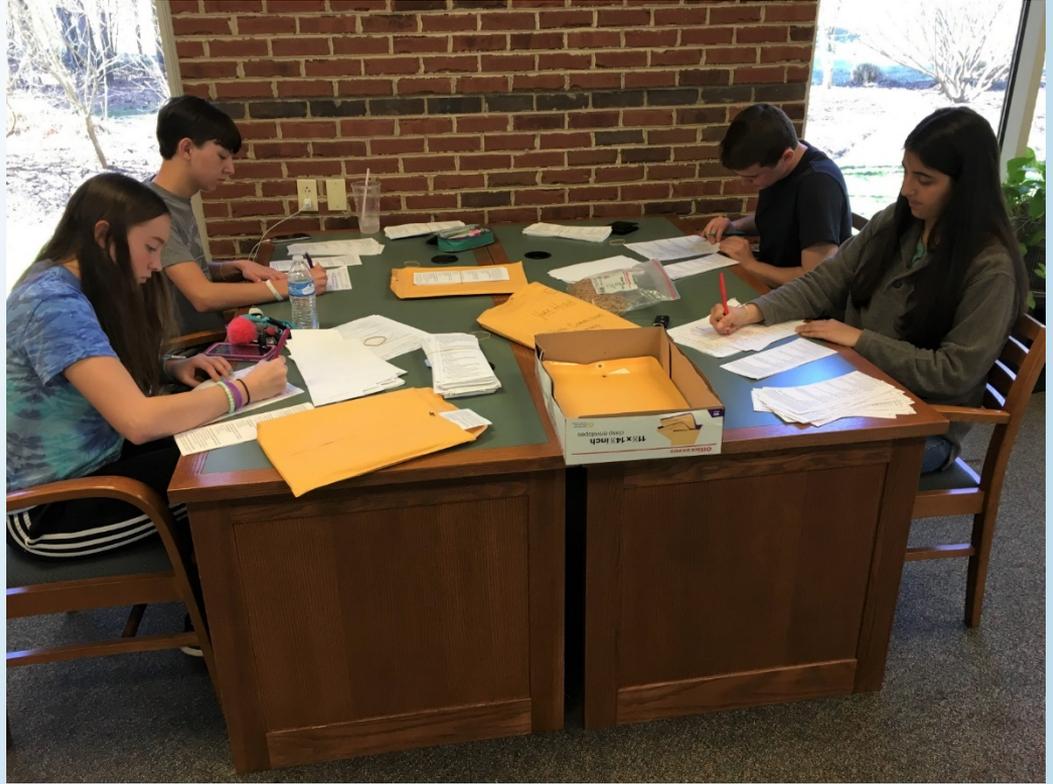
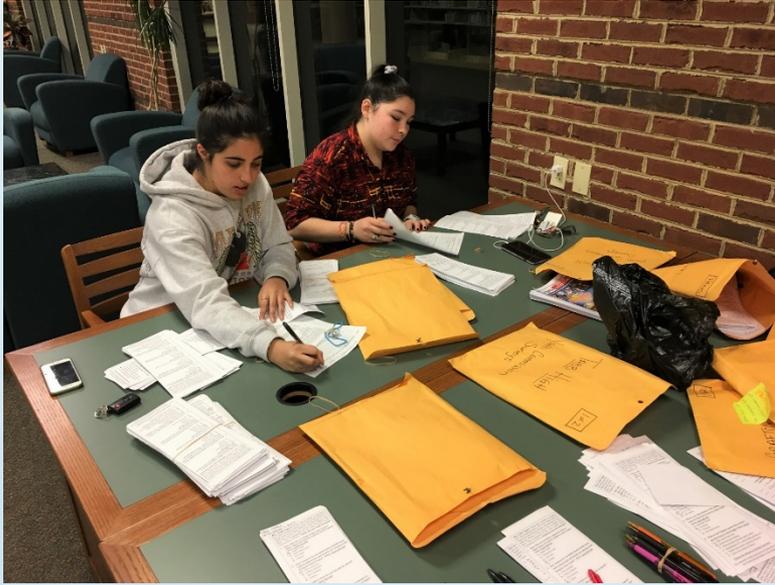
Please write comments on the back if you'd like.

This material is neither sponsored nor endorsed by the York County School Division or this school.

Survey Sample Size

March 14, 2019

- **HS Enrollment: 3,994 students**
- **Minimum Goal: 15%..... 599 students**
- **March 13, 2019: 42%.....1,670 students**



1. How often do you think e-cigarettes (Juul or other vapes) are used by youth in York County?

- | | |
|------------------|------------|
| a. Highly used | 59% |
| b. Somewhat used | 24% |
| c. Not used | 8% |
| d. Unsure | 8% |

2. How common do you think mental health issues such as depression and anxiety are among youth living in York County?

- | | |
|------------------|-----|
| a. Very common | 40% |
| b. Fairly common | 43% |
| c. Not common | 10% |
| d. Unsure | 8% |

3. To what extent do you feel safe in school?

- | | |
|----------------|-----|
| a. Very safe | 21% |
| b. Fairly safe | 61% |
| c. Not so safe | 11% |
| d. Very unsafe | 7% |

4. What is your best estimate of the amount of hours of sleep that you get on a school night?

- a. less than 5 hours **29%**
- b. 5-6 hours **44%**
- c. 7-8 hours **22%**
- d. more than 8 hours **5%**

4. What is your best estimate of the amount of hours of sleep that you get on a school night?

	<u>March 2019</u>	<u>May 2015</u>
a. less than 5 hours	29%	16%
b. 5-6 hours	44%	46%
c. 7-8 hours	22%	33%
d. more than 8 hours	5%	5%

5. What are the 2 biggest reasons why you don't get more sleep on school nights?

- | | |
|---|-----|
| a. Early school start time | 26% |
| b. Homework and studying | 31% |
| c. Extracurricular activities (sports, clubs) | 15% |
| d. Entertainment (TV, social media, gaming, etc.) | 15% |
| e. Health issues (stress, insomnia, illnesses) | 8% |
| f. I have a job outside of school | 5% |

Upcoming Projects

April 17: Evening Community Meeting on Opioid Awareness, 6:30 p.m., Grafton High School

April 23-26: High School Town Hall Meetings

April 27: National Prescription Drug Take-Back Event

2019-2020 Youth Commission Applications Due Tuesday, April 9

- County residents currently in 8th – 11th Grades and enrolled in a public, private or homeschool are eligible to apply.
- Letter of Recommendation required
- Application Forms available online at www.ycyc.info

2019 Outstanding Youth Awards

May 21

Community Service
Compassion
Courage
Overall Achievement

York County Youth Commission

www.ycyc.info

**Parks & Recreation
office at 890-3500**