



Head Start Herald 2020

FROM THE DESK OF THE DIRECTOR:

Welcome to the start of the 2020-2021 school year! We are super excited to welcome new and returning families to York County Head Start. The staff and I are looking forward to being your *Partner in Education!*

We will start the school year with all students participating in remote learning. As we approach the fall season, we hope to begin offering center-based services for students. The decision to offer face-to-face instruction will depend on the health of our community because protecting the health and safety of our children, families, and staff is a priority! We will notify parents when it is time for children to start center-based services. So please keep your personal information up-to-date in our system, check your email frequently, and follow our Facebook page @YorkCountyHeadStart.

Although this school year will look different, we plan to provide the best education and family support services possible so that your child will be prepared for Kindergarten. You will be receiving information and learning tools that will help support your child's learning at home. We ask that you take the time to work with your child and allow your child to attend virtual lessons with their Head Start teacher.

Family Services will be offering a range of opportunities for Head Start families. I challenge you to take advantage of opportunities extended to you from Head Start! **WE CARE ABOUT YOU!** If we can help your family in any way please contact your Family Services Specialist or your child's teacher. At York County Head Start, we take pride in learning and growing together. **HAVE A WONDERFUL SCHOOL YEAR** and I hope to see you soon!

Good Luck!

Amber Richey, York County Head Start Director



DATES TO REMEMBER:

- Sept. 1 - Parent Virtual Orientation - 1:00pm (refer to information on page 3)
- Sept. 8 - 1st Day of School!
- Sept. 14 - 1st Family Distribution Event (At-home Learning Packets & Food)
- Sept. 24 - Virtual Parent Meeting - 5:30pm (refer to information on page 3)

Head Start Families,

During this time of social distancing, Head Start wants to ensure that each of our students will have access to high-quality curriculum and assignments. The program is making every effort to continue high-quality education through a virtual learning environment. We understand that remote learning may be an adjustment. However, the program needs your partnership and dedication to ensure the success of your child and family! Please take a moment to review our remote learning plan below, and talk with your child about the importance of attending school and learning.

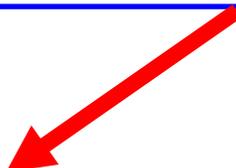
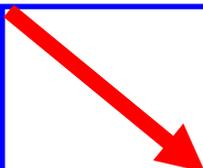
- **Remote learning will begin on Tuesday, September 8, 2020.**
- Families are encouraged to log in daily to receive learning assignments and instructions from the classroom teacher.
- Families will receive a passcode to access the online learning curriculum at the first home visit/parent-teacher conference.
- Teachers will post relevant supplemental learning materials for students to include presentations, website links, etc.
- Teachers will monitor and respond to emails between 9:00 am to 12:00 pm daily to answer parent's questions about assignments and instructional material.
- Parents are asked to check their email and Head Start Facebook page regularly to stay up-to-date on program information and resources.
- Students will receive Educational Packets with materials to use for at-home learning. Packets will be distributed to families at their child's assigned school on the dates listed below. **Families are asked to turn in completed work from previous distributions when picking up new packets on distribution days so that teachers can keep up with your child's progress and plan lessons to meet your child's educational needs.**

Distribution Dates through October 2020:

PACKET DISTRIBUTION	DATE	TIME
1 st Packet	August 25-27, 2020	TBD
2 nd Packet	September 14, 2020	TBD
3 rd Packet	September 28, 2020	TBD
4 th Packet	October 12, 2020	TBD
5 th Packet	October 26, 2020	TBD

Our staff is saddened that we cannot physically be with your children at this time; however, we have to ensure the safety of our staff and families. In the meantime, we will be doing everything we can to build and maintain our relationship together from a distance. Please contact the program if you have any questions or concerns.

(757) 890-3888



PARENT ORIENTATION 2020-2021

September 1, 2020 at 1:00pm

Meeting ID: 892 5611 0439 Passcode: 541660

Join Zoom Meeting at

<https://us02web.zoom.us/j/89256110439?pwd=VWZiRXF6dFgxeUQvaGRXQTBJs01TUT09>

or Dial by your location at:

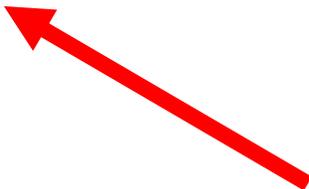
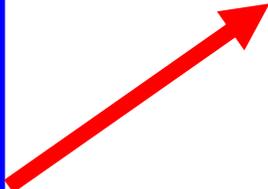
+1 301 715 8592 US (Germantown)

+1 312 626 6799 US (Chicago)

+1 646 558 8656 US (New York)

+1 253 215 8782 US (Tacoma)

+1 346 248 7799 US (Houston)



****Facebook****

Like us on Facebook and keep up-to-date on all events and school closures.

<https://www.facebook.com/YorkCountyVirginiaHeadStart>

Topic: Parent Meeting

Sep 24, 2020 at 05:30pm

Meeting ID: 829 7487 4486 Passcode: 358155

Join Zoom Meeting at

<https://us02web.zoom.us/j/82974874486?pwd=bHVRZ3BYOWc4LzNsVGZISC9WazISQT09>

or Dial by your location

+1 646 558 8656 US (New York)

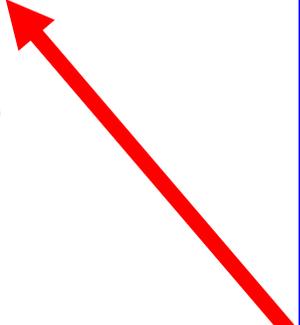
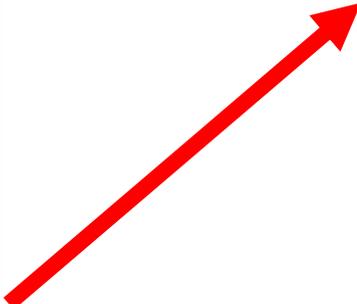
+1 301 715 8592 US (Germantown)

+1 312 626 6799 US (Chicago)

+1 669 900 9128 US (San Jose)

+1 253 215 8782 US (Tacoma)

+1 346 248 7799 US (Houston)



Stop the Spread of COVID-19



WASH YOUR HANDS often with soap and water for 20 seconds.



USE HAND SANITIZER with at least 60% ethyl alcohol or 70% isopropyl alcohol when handwashing is not available.



WEAR A MASK or fabric face covering.



STAY AT LEAST 6 FEET APART.



STAY HOME IF YOU'RE SICK.



Asthma and Allergy Foundation of America

aafa.org/covid19

IS IT COVID-19, THE FLU, A COLD OR ALLERGIES?

Symptoms	Coronavirus* (COVID-19) <small>Symptoms range from mild to severe</small>	Cold <small>Gradual onset of symptoms</small>	Flu <small>Abrupt onset of symptoms</small>	Seasonal Allergies <small>Abrupt onset of symptoms</small>
Length of symptoms	7-25 days	Less than 14 days	7-14 days	Several weeks
Cough	Common (usually dry)	Common (mild)	Common (usually dry)	Rare (usually dry unless it triggers asthma)
Shortness of breath	Sometimes	No**	No**	No**
Sneezing	No	Common	No	Common
Runny or stuffy nose	Rare	Common	Sometimes	Common
Sore throat	Sometimes	Common	Sometimes	Sometimes (usually mild)
Fever	Common	Short fever period	Common	No
Feeling tired and weak	Sometimes	Sometimes	Common	Sometimes
Headaches	Sometimes	Rare	Common	Sometimes (related to sinus pain)
Body aches and pains	Sometimes	Common	Common	No
Diarrhea	Sometimes	No	Sometimes for children	No
Chills/repeated shaking	Sometimes	No	Sometimes	No
Loss of taste or smell	Sometimes	Rare	Rare	Rare

Your symptoms may vary. *Information is still evolving. **Allergies, colds and flus can all trigger asthma, which can lead to shortness of breath. COVID-19 is the only one associated with shortness of breath on its own.

Sources: Asthma and Allergy Foundation of America, World Health Organization, Centers for Disease Control and Prevention. edited 4/29/20 • aafa.org/covid19

Detener la propagación del COVID-19



LÁVESE LAS MANOS con frecuencia y con agua y jabón durante 20 segundos.



USE GEL DESINFECTANTE por lo menos 60% alcohol etílico o 70% alcohol isopropílico si no pueda lavarse las manos.



USE UNA MÁSCARA o cubrebocas de tela para cubrir la boca y la nariz.



MANTENGA UNA DISTANCIA DE AL MENOS 6 PIES (1,83 M).



QUÉDESE EN SU CASA SI ESTÁ ENFERMO.



aafa.org/covid19

¿PUEDE SER EL COVID-19, LA GRIPE, UN RESFRIADO, O ALERGIAS?

Síntomas	Coronavirus* (COVID-19) <small>Los síntomas varían de leves a graves.</small>	Resfriado <small>inicio gradual de los síntomas</small>	Gripe <small>inicio abrupto de los síntomas</small>	Alergias temporales <small>inicio abrupto de los síntomas</small>
Duración de los síntomas	7-25 días	Menos de 14 días	7-14 días	Varias semanas
Tos	Frecuente (normalmente seca)	Frecuente (leve)	Frecuente (normalmente seca)	Raro (normalmente seca a menos que desencadene asma)
Falta de aire	A veces	No**	No**	No**
Estornudos	No	Frecuente	No	Frecuente
Congestión o goteo nasal	Raro	Frecuente	A veces	Frecuente
Dolor de garganta	A veces	Frecuente	A veces	A veces (normalmente leve)
Fiebre	Frecuente	Corto período de fiebre	Frecuente	No
Fatiga o debilidad	A veces	A veces	Frecuente	A veces
Dolor de cabeza	A veces	Raro	Frecuente	A veces (relacionado con dolor sinusal)
Dolor corporal	A veces	Frecuente	Frecuente	No
Diarrea	A veces	No	A veces ocurre en niños	No
Escalofríos	A veces	No	A veces	No
Pérdida del sentido del gusto u olfato	A veces	Raro	Raro	Raro

Sus síntomas pueden variar. *La información sigue evolucionando. **Las alergias, los resfriados, y la gripe pueden desencadenar los síntomas del asma, lo cual puede provocar falta de aire. El COVID-19 es la única enfermedad en esta lista que por sí sola puede causar la falta de aliento.

Fuentes: Asthma & Allergy Foundation of America, World Health Organization, Centers for Disease Control & Prevention 6/1/20 • aafa.org/covid19

Head Start Events - September 2020

Head Start Office	SUN	MON	TUE	WED	THU	FRI	SAT
Director Amber Richey Education Coordinator Stephanie Barton Education Specialist / Transportation Tanisha Simmons Family Services Coordinator Taren Thomas Health Services Administrator Julie Conka Nutrition Services Specialist Connie Miller Family Services Specialist Tracy Evans Sherry Bort Support Staff Jessica Kercado Penny Lorusso Centers Griffin-Yeates Center 757-890-3888 Yorktown 757-890-2081 Bethel Manor A 757-890-3893 Bethel Manor B 757-890-3890			1 Virtual Parent Orientation 1:00pm	2	3	4	5
	6	7 Labor Day	8 	9	10	11	12
	13	14 Literacy Packet & Food Distribution at students assigned school	15	16	17	18	19
	20	21	22	23	24 Virtual Parent Meeting 5:30pm	25	26
	27	28	29	30		